



What to Expect When You're Expecting with Maternal Congenital Heart Disease

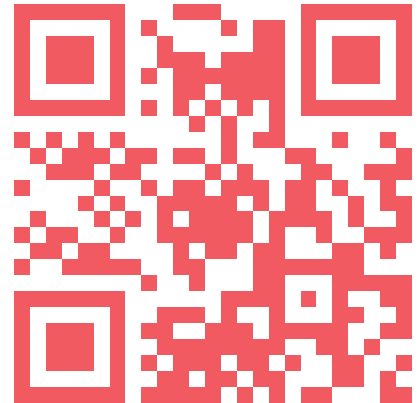
Wednesday, October 11, 2023

7 p.m. – 8 p.m. EDT

Presenter: Sarah Goldstein, MD

About the Webinar:

Did you know that many women with congenital heart disease (CHD) can have a safe and successful pregnancy? Yet, for some with CHD, pregnancy carries increased risk due to the stress it places on the mother's cardiovascular system. This webinar will review the cardiovascular changes that occur during pregnancy and their potential effects on patients with CHD. The role of a specialized medical team (the cardio-obstetrics team) in managing potential risks and supporting pregnant mothers with CHD will be talked about. Finally, the presenter will summarize what you, as a person with CHD, can expect before, during and after pregnancy. You do not want to miss this webinar if you are a woman with CHD who is thinking about becoming pregnant.



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About the Presenter:

Sarah Goldstein, MD, is an Assistant Professor of Medicine in the section of Cardiovascular Medicine at Yale University. She specializes in caring for adults with congenital heart disease and patients with congenital or acquired heart disease affecting pregnancy. Dr. Goldstein graduated with Distinction from the University of North Carolina at Chapel Hill School of Medicine where she was elected to the Alpha Omega Alpha Medical Honor Society. She completed her training in Internal Medicine, Cardiovascular Medicine, and Adult Congenital Heart Disease at Duke University Medical Center. During her fellowships, Dr. Goldstein also completed specialized training in Cardio-Obstetrics that included multidisciplinary collaboration in both clinical care and research.

About the Adult Congenital Heart Association

The Adult Congenital Heart Association (ACHA) is a national not-for-profit organization dedicated to **supporting individuals and families living with congenital heart disease and advancing the care and treatment available to our community.** ACHA empowers the more than nearly 2 million adults with CHD, their families, and the medical community by advancing access to resources and specialized care that improve patient-centered outcomes. For more information about ACHA, contact (888) 921-ACHA or visit www.achaheart.org.

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