



Iron Deficiency Anemia in Adults with CHD

Wednesday, April 19, 2023

7 p.m. – 8 p.m. EDT

Presenter: Anurag Sahu, MD

About the Webinar

Iron deficiency anemia is a condition in which blood does not have enough healthy red blood cells. Did you know that it is the most common form of anemia in the world? It is also one of the most under-recognized and under-diagnosed conditions. Iron deficiency anemia can make heart conditions, including congenital heart conditions, more challenging. In this webinar, you will learn how to recognize the signs of iron deficiency anemia, who should be screened, who requires treatment and why they do. Register today to learn more.



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About the Presenters:

Anurag Sahu, MD, is the director of the Adult Congenital Heart Program at INOVA Health System in Fairfax, Virginia. Prior to that, he was an associate professor of medicine as well as associate professor of radiology at Emory University in Atlanta, where he also served as director of cardiac intensive care.

Dr. Sahu graduated from medical school at the University of Missouri in Kansas City in their combined six-year BA/MD program. He completed his internal medicine residency at Georgetown–Washington Hospital Center, fellowship training at Rush University in Chicago, and advanced training in cardiac imaging and adult congenital heart disease at The Ohio State University in Columbus. Among all his stops, his favorite was the time he spent in Hawaii, where he was the only cardiologist on the island of Kauai.

Dr. Sahu has published book chapters on cardiovascular imaging, as well as a variety of journal articles in publications, including the *Journal of Heart and Lung Transplant*, *JACC Interventions*, and *Journal of Thoracic Imaging*.

About the Adult Congenital Heart Association

The Adult Congenital Heart Association (ACHA) is a national not-for-profit organization dedicated to **supporting individuals and families living with congenital heart disease and advancing the care and treatment available to our community**. ACHA empowers the more than nearly 2 million adults with CHD, their families, and the medical community by advancing access to resources and specialized care that improve patient-centered outcomes. For more information about ACHA, contact (888) 921-ACHA or visit www.achaheart.org.

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