



Body Image in Adults with Congenital Heart Disease

Wednesday, July 13, 2022

7 p.m. – 8 p.m. EDT

Presenters: David Highfill, LCSW, MSW, and Jamie Jackson, PhD

About the Webinar

Do you worry what others think about you when they see your scar(s)? Are your relationships affected by your scars? Do you try to hide them from others? Have you ever sought out treatment to make them less visible? If you answered yes to any of these questions, you should attend this webinar. It will cover current research on body image concerns among individuals with congenital heart disease. It will also include the perspectives and personal stories of patients with cardiac surgery scars. A variety of experiences with cardiac scarring will be discussed. Additionally, the impact of these experiences on the lives of patients will be explored. To learn more, please join Mr. David Highfill and Dr. Jamie Jackson for this enlightening webinar about body image and congenital heart disease.



REGISTER NOW: <https://bit.ly/3MfcWNJ>

About the Presenters

David Highfill, LCSW, MSW, is a Licensed Clinical Social Worker with over 25 years of experience working with a variety of populations across multiple settings including: organ transplant (heart, lung, liver), HIV/AIDS, LGBTQ, renal disease, dialysis, the Veteran's Administration, Home Health, Hospice, senior care, PTSD, substance abuse, grief and loss, and relationship issues. David is currently working with the Ahmanson/UCLA Adult Congenital Heart Disease Center while maintaining a private therapy practice and supervising master's level social workers as they move toward licensure. David is uniquely familiar with many of these issues, as he is also a CHD patient who underwent heart transplantation at UCLA in 2012.

Dr. Jamie Jackson is a member of the ACHA Medical Advisory Board. She is an Assistant Professor of Pediatrics and Psychology at Nationwide Children's Hospital and The Ohio State University. She is also a licensed clinical psychologist who collaborates with the Columbus Ohio Adult Congenital Heart (COACH) Program. Dr. Jackson has multiple research interests, including identifying factors that help adolescents and young adults with CHD better care for themselves independently.

About the Adult Congenital Heart Association

The Adult Congenital Heart Association (ACHA) is a national not-for-profit organization dedicated to **supporting individuals and families living with congenital heart disease and advancing the care and treatment available to our community.** ACHA empowers the more than nearly 2 million adults with CHD, their families, and the medical community by advancing access to resources and specialized care that improve patient-centered outcomes. For more information about ACHA, contact (888) 921-ACHA or visit www.achaheart.org.

Sponsorship support provided by
Janssen, Inc. Pharmaceutical Companies of Johnson & Johnson.