

[Official Institution Logo]



## Policy to Ensure that All ACHD Patients Are Provided Pre-Pregnancy Counseling and Family Planning Advice

**Date Effective:** MM/DD/YYYY

**Type of Policy:** Please indicate if this document is hospital policy or ACHD program policy/clinical guideline.

### Purpose

Indicate why this policy is in place and the population it benefits.

### Policy Statement

State the actual policy to ensure that all ACHD patients receive pre-pregnancy counseling and advice about family planning. This statement can be a brief overview of the policy but please reference when these conversations typically occur (i.e. what visits).

### Procedures

Describe the specific procedures and methods utilized to ensure that all ACHD patients receive pre-pregnancy counseling and family planning advice. Please include details about:

- The visits during which these discussions typically occur and when they typically begin
- The personnel involved in these discussions
- Procedures and/or assessments performed
- Specific topics discussed:
  - Social/sexual history
  - Genetic disorders
  - Risks of pregnancy
  - Fertility options
- Referral processes to specialist providers
- Procedures for high-risk patients
- Relationship between ACHD providers and PCP/specialist providers

### References

If applicable, please list any articles or other resources utilized to develop your institution's policy to ensure that all ACHD patient are provided pre-pregnancy counseling and family planning advice.

### Required Signatures

This document requires signatures from specific personnel. Please note that we require signatures from **ALL** of the individuals listed below in order for the document to be valid:

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- Medical Program Director of ACHD
- Head of Maternal Fetal Medicine (MFM)

### Helpful Tips

If you would like, please upload any documentation or examples of the above policy to the additional files section of R Reproductive Services. It is not a requirement. Please save the document with R3 in the title so that we know which policy/plan the uploaded document references.