SEPTEMBER 8  Moving Forward from Quarantine – How Does This Affect Mental Health in the ACHD Patient?  
Jamie Jackson, PhD, George Lui, MD, Ryan Stephens, FNP-C, MBA, Kristen Fox, PhD, and Alex Weisman

SEPTEMBER 22  Understanding Genetics: Why Does It Matter to CHD Patients?  
Matt Lewis, MD

SEPTEMBER 29  Healthy Lifestyle Series: Nutrition Pearls for the CHD Patient  
Sharon Smalling, MPH, RD, LD

OCTOBER 13  What All ACHD Patients Should Know About Their Medical Records  
Nina Barbera, NP, and Ruth Phillippi, MS

OCTOBER 27  Cardiac Devices: What Does the Future Hold for ACHD Patients?  
Dan Halpern, MD, and Adam Small, MD

NOVEMBER 3  ACHA Research Report: Resilience in Adults with CHD: Why It’s Important  
Jill Steiner, MD

NOVEMBER 10  Healthy Lifestyle Series: Eating Heart Healthy in the Holidays  
Emily Earhart

*Webinar schedule subject to change

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