

<b>Saturday, July 10, 2021</b> <b>11 a.m. – 4:30 p.m. EDT</b>	
<b>Time (EDT)</b>	<b>Topic</b>
<b>10 a.m. – 10:50 a.m.</b>	<b>Optional Coffee and Conversation</b>
<b>11:00 a.m. – 11:45 a.m.</b>	<b>Opening Session</b>  <b>Welcome</b> <ul style="list-style-type: none"> <li>• ACHA: Empowering the CHD Community</li> </ul> <b>Why Accreditation Matters</b> <ul style="list-style-type: none"> <li>• Patient/Staff Member Viewpoint</li> <li>• Professional Viewpoint</li> </ul>
<b>11:45 a.m. – 12:30 p.m.</b>	<b>Pivoting Through COVID-19</b> <ul style="list-style-type: none"> <li>• <b>Panel: Where Are We Now?</b> <ul style="list-style-type: none"> <li>○ Study Update</li> <li>○ Telemedicine</li> <li>○ Vaccines</li> <li>○ Getting Back to Normal</li> </ul> </li> </ul>
<b>12:30 p.m. – 12:35 p.m.</b>	<b>Transition Break</b>
<b>12:35 p.m. – 1:20 p.m.</b>	<b>Defect-Specific Breakouts</b> <ul style="list-style-type: none"> <li>• Tetralogy of Fallot</li> <li>• Fontan/Single Ventricle Lesions</li> <li>• Septal Defects (VSD/ASD) <ul style="list-style-type: none"> <li>○ VSD</li> <li>○ ASD</li> </ul> </li> <li>• Transposition Disorders <ul style="list-style-type: none"> <li>○ D-TGA</li> <li>○ CCTGA</li> </ul> </li> <li>• Left-Sided Lesions (BAV, Coarctation, Aortic Stenosis and Other Left-Sided Obstructive Lesions)</li> <li>• PAH/Eisenmenger</li> <li>• Other (Truncus Arteriosus, Pulmonary Stenosis, Coronary Anomalies, Shone Complex, Scimitar Syndrome)</li> </ul>
<b>1:20 p.m. – 1:40 p.m.</b>	<b>Break with Breakout Zoom Rooms for Socialization</b>

**TOGETHER FROM A DISTANCE:  
ACHA VIRTUAL EMPOWERMENT SYMPOSIUM**

1:40 p.m. – 2:25 p.m.	<p><b>Bridging the Communication Gap Between ACHD Patients and Providers</b></p> <ul style="list-style-type: none"> <li>• The Patient/Provider Gap: Patient/Family Perspective</li> <li>• Patient/Provider Gap: Professional Perspective</li> </ul>
2:25 p.m. – 2:30 p.m.	<p><b>Transition Break</b></p>
2:30 p.m. – 3:15 p.m.	<p><b>Peer Tips (Breakouts)</b></p> <ul style="list-style-type: none"> <li>• Loss of a Loved One</li> <li>• Spouses, Partners, and Other Family Members</li> <li>• Helping Your Child When You Have ACHD</li> <li>• Managing Devices (Pacers and ICD)</li> <li>• What Younger and Older Patients Can Learn from Each Other</li> <li>• Travel and Recreation in a Post-COVID World</li> <li>• Open Forum: Discussion and Q&amp;A</li> </ul>
3:15 p.m. – 3:20 p.m.	<p><b>Transition Break</b></p>
3:20 p.m. – 4 p.m.	<p><b>Addressing Health Disparities and Diversity</b></p> <ul style="list-style-type: none"> <li>• <b>Panel Discussion Topics</b> <ul style="list-style-type: none"> <li>○ Statistics indicating health disparities and the bias in those metrics.</li> <li>○ Challenges of accessing care in underrepresented communities.</li> <li>○ Existing tools to help individuals find/afford specialized care.</li> <li>○ How can patients be their best advocates?</li> <li>○ What is ACHA doing to become a more inclusive organization?</li> </ul> </li> </ul>
4 p.m. – 4:30 p.m.	<p><b>Closing Remarks</b></p> <ul style="list-style-type: none"> <li>• 2022 National Conference News</li> <li>• Walk for 1 in 100</li> <li>• Wind Down Meditation (Optional)</li> </ul>
4:45 p.m. – 6 p.m.	<p><b>New Zoom Room for Open Socialization (Optional)</b></p>