

# ACHA WELLNESS WEDNESDAYS

## 2021 VIRTUAL PRESENTATION SCHEDULE

January – March



## CAN'T ATTEND LIVE?

All webinars are recorded and an archived version is available on the ACHA website after the webinar at [achaheart.org/AWW](http://achaheart.org/AWW).

## QUESTIONS?

Submit them to [webinars@achaheart.org](mailto:webinars@achaheart.org).

- JANUARY 13** COVID-19 Vaccines and the CHD Patient: What You Need to Know  
Jamil Aboulhosn, MD and Aric L. Gregson, MD
- JANUARY 20** Move Those Feet: Healthy Living with CHD  
Jamie Jackson, PhD
- JANUARY 27** Diagnosed as an Adult: “You Mean I Was Born with CHD?”  
Peter Ermis, MD
- FEBRUARY 3** 2021 Yoga  
Aliza Marlin
- FEBRUARY 10** The Ins and Outs of Heart Failure in Adults with Congenital Heart Disease  
Jonathan Menachem, MD
- FEBRUARY 17** Congenital Heart Initiative Update  
Anitha John, MD
- FEBRUARY 24** Psychosocial Effects of Physical Isolation in Response to a Pandemic  
Ali Zaidi, MD, Meredith Kalbacker, LCSW, Alex Weisman
- MARCH 3** What’s the latest in Washington, D.C.? Advocacy and How it Impacts You  
Mark Roeder and Danielle Hile
- MARCH 10** A Look at Rare Congenital Heart Defects: Scimitar Syndrome and Shone’s Complex  
Tabitha Moe, MD
- MARCH 17** Ask a Peer Mentor  
TBD
- MARCH 24** ACHA Research Report: Prevalence of Cognitive Impairment in CHD Survivors (A Pilot)  
Carla P. Rodriguez-Monserrate, MD
- MARCH 31** Wellness 101  
Christine Courtelis

*\*Webinar schedule subject to change*